



DeLand High School

DELAND HIGH SCHOOL
COURSE SYLLABUS
2018-2019

Teacher Name: COACH CINDRIC
Course Name: TEAM SPORTS

Term: 1ST SEMESTER

Textbook(s) Used: NONE

Other Materials Needed: P.E. Uniform, Paper, Pen, Pencil and Notebook

Course Objectives:

- ✓ To develop the physical skills necessary to be competent in many forms of movement.
- ✓ To develop knowledge of team sports concepts such as offensive and defensive strategies and tactics.
- ✓ To learn appropriate social behaviors within a team or group setting.
- ✓ To integrate overall fitness concepts.

Major Units/Topics/Themes:

- I. Basketball
- II. Volleyball
- III. Flag Football
- IV. Softball

----- To be announced -----

Methods of assessment:

Diagnostic: Pre-test knowledge of skills/rules
Formative: Participation, Dress Out, Skill tests
Summative: Unit Tests, Final Exam





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Standard Operating Procedure

Class Materials: Full Uniform (shirt, shorts, socks, shoes,), Paper, pen/pencil,

Grading Formula:

Summative: 60% 10pts per day (dress {full uniform/shoes required} & daily activity)

Formatives: 40% (Skills Test: 20% Project: 10% Final: 10%)

Grading Averages:

- * 90 - 100% = A
- * 80 - 89% = B
- * 70 - 79% = C
- * 60 - 69% = D
- * 0 - 59% = F

Uniforms/Lockers:

Every student is required to purchase the official DHS PE shirt and shorts (make sure to write your FIRST and LAST name on your shirt). Cost is \$10 per shirt and \$10 per short. Uniforms can be purchased from the students services office before/after school or during lunch. The PE department will sell them during class time for the first week of each semester.

Students must wear athletic tennis shoes or sneakers. They must be closed toe and have laces. Socks must also be worn.

During cold weather, if we are in an activity that is outdoors, you can bring a sweatshirt or sweatpants to wear OVER your PE uniform. You must still wear your uniform to receive your full participation points.

Lockers are sold at the beginning of each semester for \$1. Please secure your valuables in your locker during class. DO NOT share your locker information with ANYONE.

Expectations:

- *NO FOOD OR DRINKS IN GYM AREAS.
- *Everyone is expected to dress out. You will have 7 minutes in the locker room to dress in/out. Use that Time wisely.
- *Documentation will be required for excused non dress.
- *All athlete/cheerleaders students are expected to dress out on game days.
- *Students are required to remain with their instructor and class at all times in the physical education area. All instructors are your instructors. You are expected to cooperate with any teacher at all times.
- *On time involves being in the locker room before the last bell and class time includes being seated in your proper squad lines before teacher starts attendance.
- *Please notify the teacher of any medical issues/history.
- *If a student is absent, he/she is expected to make up the classwork/assignment upon returning to class.





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